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DOC. #290

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: UNIT 4 - CLINICAL  
CODE NO: HCA 109-15 SEMESTER:  
PROGRAMME: HEALTH CARE AIDE  
AUTHOR: BRENDA WARNOCK  
DATE: SEPT/95 PREVIOUS OUTLINE DATED: SEPT/94

APPROVED: *[Signature]* May 31/95  
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UNIT 4 - CLINICAL

HCA 109-15

Course Name

Code No.

**TOTAL CREDIT HOURS:** 7 6

Unit 4 has 7 6 hours of clinical time. Some of these hours may be lab practice time depending on the needs of the students.

**PREREQUISITE(S):** HCA 100, HCA 101, HCA 103, HCA 104,  
HCA 106, HCA 107

**I. PHILOSOPHY/GOALS:**

Unit 4 provides the opportunity to care for clients who have had a cerebral vascular accident, who are aphasic or who may have Parkinson's or Multiple Sclerosis. Students will focus on caring for the client with a terminal illness. Students are expected to provide care for 3-4 clients.

**II. STUDENT PERFORMANCE OBJECTIVES:**

**Upon successful completion of this course, the student will meet the following objectives with 3-4 clients:**

- 1) make pertinent observations and care for the client with Mental Retardation, Cerebral Vascular Accident, Multiple Sclerosis, Parkinson's and Respiratory Problems,
- 2) communicate with the Aphasic Client,
- 3) demonstrate palliative care to the client and family experiencing terminal illness and death,
- 4) meet the spiritual needs of the client,
- 5) provide care to ensure the client's sexuality needs are met,
- 6) care for the client who has experienced elder abuse,
- 7) communicate and implement care to the client who is angry, overly aggressive or violent, and
- 8) verbalize measures to seek employment as a Health Care Aide.

**TOPICS TO BE COVERED:**

- 1) The Client With Chronic Illness
  - a) Mental Retardation
  - b) Cerebral Vascular Accident
  - c) Multiple Sclerosis
  - d) Parkinson's Disease
  - e) Respiratory Problems
- 2) Communication With Aphasic Client
- 3) Palliative Care
- 4) Spiritual Needs
- 5) Sexuality Needs
- 6) Elderly Abuse
- 7) Angry, Overly-Aggressive, Violent Clients
- 8) Health Care Aide Employment

**LEARNING ACTIVITIES/CONTENT**

**REQUIRED RESOURCES**

1. The Client With a Chronic Condition

- a) makes pertinent observations and gives care to clients with the following problems (7.08)
  - i) Mental Retardation (2.10)
  - ii) Cerebral Vascular Accident (2.11)
  - iii) Multiple Sclerosis
  - iv) Parkinson's Disease
  - v) Respiratory

Print-outs in Clas  
Text: pp. 399  
Workbook: Ch 25  
Study Project: 3  
Study Questions: 4,19-22  
Text: pp, Ch. 400  
Workbook: 25  
Study Questions: 16  
Text: pp. 400  
Workbook: Ch 25  
Study Questions: 15  
Print-outs in Clas 405-406  
Text: pp. Ch. 25  
Workbook: , 23-27  
Study Ques: 17, 18

**IV. LEARNING ACTIVITIES/CONTENT**

**REQUIRED RESOURCES**

Communication With Aphasic Client

- a) Distinguishes between the hard of hearing and the Aphasic Client (2.11)
- b) Provides a quiet environment when attempting communication (2.11)
- c) Speaks slowly and uses short sentences (2.11)
- d) Gives non-verbal as well as verbal cues (2.11)
- e) Allows time for the resident to receive and integrate the verbal messages before expecting his/her verbal responses (2.11)
- f) Recognizes the residents' need for verbal support (2.11)
- g) Provides alternative or supplementary means of communication for the resident, such as work or picture boards (2.12)

Print-outs in Class  
Text: pp. 392,399

Palliative Care

- a) Participates in discussions in which he or she can express her own attitudes to death and dying (6.08)
- b) Utilizes current articles and resource material on death and dying to assist his/her care for dying clients (6.08)
- c) Gives support to those clients affected by the death of another client (6.08)
- d) Respects the need of clients to discuss death and provides opportunities for this (6.08)

Text: pp. 466-472  
Workbook: Ch. 30  
Study Projects 1,2  
Study Questions: 1-26  
Project Presentations

## ACTIVITIES/CONTENT

- e) Reassures client that family or friend will be contacted at the appropriate time  
(6.08)
- f) Recognizes and reports emotional and physical changes which may occur during the dying process  
(7.09)
- g) Gives support to relatives and friends  
(7.09)
- h) Contributes to the physical and emotional comfort of the dying client (7.09)
- i) Respects and responds to the religious and spiritual needs of the client  
(7.09)
- j) Follows the procedure of the agency for care of the body  
(7.10)
- k) Follows the procedure of the agency for the care of the personal belongings  
(7.10)

### 4. Spiritual Needs

- a) Respects the client's need for spiritual support  
(6.09)
- b) Respects requests for a member of the clergy and provides privacy for the visit  
(6.09)
- c) Notifies client of scheduled religious services  
(6.09)
- d) Respects client's freedom of choice in spiritual matters  
(6.09)

### 5. Sexuality Needs

- a) Provides privacy for expression of sexual behaviour  
(6.04)

Text:	pp.	422-427
Workbook:	Ch.	27
Study Projects:		1-4
Study Questions:		1-11

IV. LEARNING ACTIVITIES/CONTENT

REQUIRED RESOURCES

- b) Encourages male/female friendships  
(6.04)
  - c) Accepts client's choice of reading material  
(6.04)
  - d) Protects client's self-esteem if he/she becomes object of another client's sexual feelings  
(6.04)
  - e) Analyzes own expression of sexual behaviour  
(6.04)
  - f) Demonstrates "open-mindedness" with own attitudes towards sexual expression
6. Elder Abuse
- a) Recognizes and reports signs and symptoms of client abuse
7. Angry, Overly-Aggressive Client
- a) Communicates with angry, overly-aggressive client
  - b) Takes measures to subdue violent client to protect self, client and others
  - c) Maintains client's worth and dignity during conversations and episodes of violence
  - d) Provides a safe environment (ie. removal of sharp objects) at all times
8. Health Care Aide Employment
- a) Verbalizes places of employment for Health Care Aides
  - b) Verbalizes how to fill out application form, write a resume and conduct oneself during a job interview

Text: pp. 105-106  
Workbook: Ch. 25  
Study Questions: 32-34

Print-out in Class

Guest Speaker

**Note:** 1. Numbers in parenthesis refer to objectives from the Ministry of Education Health Care Aide Program Guide and Performance Objectives.  
2. Sequencing of objectives and content, subject to change based on the learning needs of the students.

**LEARNING ACTIVITIES/CONTENT****REQUIRED RESOURCES****EVALUATION METHODS: (includes assignments, attendance requirements, etc.)**

Clinical experience is essential to gain competence and the level of skill necessary to meet the Programme objectives. Therefore, students must attend all clinical experiences, including clinical laboratories. All students are expected to come prepared with knowledge of content and understanding of nursing skills taught to date.

Daily assignments, participating in conferences, questions regarding skills and performance are assessed daily.

Self-evaluations and teacher evaluations of clinical performance are assessed weekly.

A final evaluation will be prepared by both teacher and student on completion of Unit 4. Student must obtain a Satisfactory grade on the final evaluation. Students who do not meet the objectives will be given an Unsatisfactory grade.

**REQUIRED STUDENT RESOURCES:**

1. Mosby's Textbook for Nursing Assistants, 3rd edition, by Sorrentino, Sheila A., R.N., B.S.N., M.A., Toronto.
2. Mosby's Workbook for Nursing Assistants, 3rd edition, by Kelly, Relda Timmeney, R.N., B.S.N., Toronto.

**ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY AUDIO VISUAL SECTION: (title, publisher, edition, date, library call number if applicable)****SPECIAL NOTES:**

Objectives follow the Health Care Aide Skills Checklist developed by the Professional Advisory Council of the Ontario Nursing Home Association, 1990.

Students with special needs (eg: physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.